



## The Düsseldorf model for the promotion of exercise, sport and talent

**Dear parents,**

Düsseldorf wishes to make the children and young people of the city enthusiastic about exercise and sport. Scientific studies have shown that exercise is very important for the healthy development of children. This is why all children in Düsseldorf are taking part in a sports test at three different ages.

The first test, "SNUpi!", is performed at the local health authority when your child is approx. 6 years old, before school begins. The second test, "Check!", is carried out when your child is approx. 8 years old in 2nd grade and the third, "ReCheck!", at the age of approx. 10 years old in 5th grade. Check! and ReCheck! are performed during sports lessons at the schools.

It is important that you, as parents, provide us with your consent to the test results being evaluated by signing the enclosed form. Without your consent the tests cannot be evaluated.

After the tests have been evaluated you and the school will receive the results, as well as recommendations for the motoric development of your child. If you do not agree to the results being passed on to the school, please enter a cross in the box below.

As the children under go three test stages it is possible to monitor their development very well over the years.

Thank you very much for your participation!

Kind regards,

**Sports Department of the City of Düsseldorf**

### Information to fill in the consent

Child details: Please now fill out the declaration of consent	
Vor- und Nachname des Kindes <small>Please enter the first name and surname of your child</small>	
Geburtsdatum <small>Please enter your child's date of birth here. Your child is a</small>	girl Mädchen <input type="checkbox"/> boy Junge <input type="checkbox"/>
Postanschrift: Vor- und Nachname <small>Please enter the names of your child's parents here</small>	
Straße und Hausnummer <small>Please enter your house no. and street here</small>	
Postleitzahl und Ort <small>Please enter your city and post code here</small>	
Telefonnummer <small>Optional provision of telephone number in case of any queries</small>	
E-Mail <small>Optional provision of e-mail address in case of any queries</small>	
Schule <small>Please enter the name of your child's school here</small>	Klasse <small>and their class here</small>
Beeinträchtigungen <small>Optional provision of details, if your child is, for example, injured or has a vision/hearing impairment</small>	
<small>(Zur Vermeidung unangemessener Belastungen und zur Relativierung der Ergebnisse. Nur auszufüllen bei Beeinträchtigung, Erkrankung oder Behinderung des Kindes.)</small>	